

Basic Salad Dressing

Saturday, May 02, 2020 4:26 PM

Ingredients

- 2 parts Olive Oil (or other non-refined oil)
- 2 parts Vinegar (kombucha, balsamic, etc)
- 1 part Maple Syrup (or honey)
- Splash Sesame Oil
- Dollop Minced Garlic
- Dollop Minced Ginger (or ginger puree)
- Dash Salt
- Dash Pepper

Instructions

1. Add all ingredients to bottle
2. Shake well to mix
3. Shake again before serving

Equipment

- Small bottle for storage
- Small funnel
- Tablespoon or 1/4 cup measure
- Utensil (for minced garlic and ginger)

Notes

Flavourings can be changed to suit any style.
Syrup/honey can be omitted if desired.