

Cabled Wrist Warmer



Level of Difficulty: Advanced Beginner

Size: With “F” crochet hook- 7 inches around X 7 ½ inches long

With “G” crochet hook- 7 ½ inches around X 8 inches long

Materials:

Approx 4 ounces of Caron Simply Soft or comparable yarn

G/6-4.25 (For smaller warmer use size “F” crochet hook)

Tapestry Needle for weaving in yarns

Yarn bobbin (optional- for 80 inches of yarn measured off at beginning of wrist warmer)

Gauge:

With “F” crochet hook: 4 ½ HDC= 1 inch, 3 ½ rows = 1 inch

With “G” crochet hook: 4 HDC = 1 inch, 3 rows = 1 inch

Stitches Used:HDC, SL ST, SC.

Special Stitches Used:

Front Post Double Crochet (FPDC): Yarn over, insert hook behind post of stitch (insert hook from front to back of stitch), Yarn over, pull through, Yarn over, (pull through 2 loops) 2X’s. That will complete the FPDC.

Back Post Double Crochet (BPDC): Yarn over, insert hook behind post of stitch (insert hook from back to front of stitch), Yarn over, pull through, Yarn over, (pull through 2 loops) 2X’s. That will complete the BPDC.

Front Post Treble Crochet (FPTC): Yarn over 2X’s, insert hook behind post of stitch, (insert hook from front to back of stitch), Yarn over, pull through, Yarn over, (pull through 2 loops) 3X’s. That will complete the FPTC.

Note: For beginning of each wrist warmer measure off 80 inches of yarn and bundle up but do not cut.

The 80 inches of yarn you just measured off will be used to sc around edge of wrist warmer after sewing

Left Hand

Chain 31 Loosely (with tail still connected to ball of yarn, not the 80 inches you have wound off)

Row 1: HDC in 2nd chain from hook and in each chain across. Ch1, turn. (30 HDC)

Row 2: HDC in next 10 HDC, FPDC around next 2 HDC, HDC in next HDC, FPDC around next 4 HDC, HDC in next HDC, FPDC around next 2 HDC, HDC in next 10 HDC. Ch1, turn. (22 HDC, 8 FPDC)

Row 3: HDC in next 10 HDC, BPDC around next 2 HDC, HDC in next st, BPDC around next 4 HDC, HDC in next HDC, BPDC around next 2 DC, HDC in next 10 HDC. Ch1, turn. (22 HDC, 8 BPDC)

Row 4: HDC in next 10 HDC, FPDC around next 2 DC, HDC in next st, skip next 2 DC, FPTC around next 2 DC, FPTC around first skipped DC, and next skipped DC, HDC in next HDC, FPDC in next 2 DC, HDC in next 10 HDC. Ch1, turn. (22 HDC, 4 FPDC, 4 FPTC)

Row 5: HDC in next 10 HDC, BPDC around next 2 DC, HDC in next HDC, BPDC around next 4 TC, HDC in next HDC, BPDC in next 2 DC, HDC in next 10 HDC. Ch1, turn. (22 HDC, 8 BPDC)

Row 6: HDC in next 10 HDC, FPDC around next 2 DC, HDC in next HDC, FPDC around next 4 DC, HDC in next HDC, FPDC around next 2 DC, HDC in next 10 HDC. Ch1, turn. (22 HDC, 8 FPDC)

Row 7: HDC in next 10 HDC, BPDC around next 2 DC, HDC in next HDC, BPDC around next 4 DC, HDC in next HDC, BPDC around next 2 DC, HDC in next 10 HDC. (22 HDC, 8 BPDC)

Row 8-11: Repeat rows 4-7 ONE time

Row 12: Repeat row 4.

Row 13: HDC in next 10 HDC, BPDC around next 2 DC, HDC in next HDC, BPDC around next 4 TC, HDC in next HDC, BPDC around next 2 DC, HDC in next 4 HDC, 2 HDC in each of next 2 HDC, HDC in next 4 HDC. Ch1, turn. *The increases in row's 13-16 are for thumbhole.* (24 HDC, 8 BPDC)

Row 14: HDC in next 4 HDC, 2 HDC in next HDC, HDC in next 2 HDC, 2 HDC in next HDC, HDC in next 4 HDC, FPDC around next 2 DC, HDC in next HDC, FPDC around next 4 DC, HDC in next HDC, FPDC around next 2 HDC, HDC in next 10 HDC. Ch1, turn. (26 HDC, 8 FPDC)

Row 15: HDC in next 10 HDC, BPDC around next 2 DC, HDC in next HDC, BPDC around next 4 DC, HDC in next HDC, BPDC around next 2 DC, HDC in next 4 HDC, 2 HDC in next HDC, HDC in next 4 HDC, 2 HDC in next HDC, HDC in next 4 HDC. Ch1, turn. (28 HDC, 8 BPDC)

Row 16: HDC in next 4 HDC, 2 HDC in next HDC, HDC in next 6 HDC, 2 HDC in next HDC, HDC in next 4 HDC, FPDC in next 2 DC, HDC in next HDC, skip next 2 DC, FPTC around next 2 DC, FPTC around 1st skipped st, and next skipped st, HDC in next HDC, FPDC around next 2 DC, HDC in next 10 HDC. Ch1, turn. (30 HDC, 4 FPDC, 4 FPTC)

Row 17: HDC in next 10 HDC, BPDC around next 2 DC, HDC in next HDC, BPDC around next 4 TC, HDC in next HDC, BPDC in next 2 DC, HDC in next 5 HDC, skip next 8 HDC, HDC in next 5 HDC. Ch1, turn. *Thumb hole just made.* (22 HDC, 8 BPDC)

Row 18-19: Repeat row 6 and 7.

Row 20-23: Repeat rows 4-7.

Edging: Sl St in each HDC and DC across. Ch1, Turn, Sl St in HDC and DC across again. You will still be able to see the tops of the HDC's and DC's, You will Sl St in those again. Fasten Off leaving about 12 inches of yarn to sew wrist warmer together with. Matching ends of rows up carefully, Sew both ends of work up.

Edging on Opposite End of Wrist Warmer: After the wrist warmer has been sewed up, Take the 80 inches of yarn that is still connected to first row of Wrist Warmer, and bring up a loop, Ch1 and sc in other side of Chain

Right Hand

Rows 1-12: Repeat same as left hand.

Row 13: HDC in next 4 HDC, 2 HDC in each of next 2 HDC, HDC in next 4 HDC, BPDC around next 2 DC, HDC in next HDC, BPDC around next 4 TC, HDC in next HDC, BPDC around next 2 DC, HDC in next 10 HDC. Ch1, turn. *The increases in row's 13-16 are for thumbhole.* (24 HDC, 8 BPDC)

Row 14: HDC in next 10 HDC, FPDC around next 2 DC, HDC in next HDC, FPDC around next 4 DC, HDC in next HDC, FPDC around next 2 DC, HDC in next 4 HDC, 2 HDC in next HDC, HDC in next 2 HDC, 2 HDC in next HDC, HDC in next 4 HDC. Ch1, turn. (26 HDC, 8 FPDC)

Row 15: HDC in next 4 HDC, 2 HDC in next HDC, HDC in next 4 HDC, 2 HDC in next HDC, HDC in next 4 HDC, BPDC around next 2 DC, HDC in next HDC, BPDC around next 4 DC, HDC in next HDC, BPDC around next 2 DC, HDC in next 10 HDC. Ch1, turn. (28 HDC, 8 BPDC)

Row 16: HDC in next 10 HDC, FPDC in next 2 DC, HDC in next HDC, skip next 2 DC, FPTC around next 2 DC, FPTC around 1st skipped st, and next skipped st, HDC in next HDC, FPDC around next 2 DC, HDC in next 4 HDC, 2 HDC in next HDC, HDC in next 6 HDC, 2 HDC in next HDC, HDC in next 4 HDC. Ch1, turn. (30 HDC, 4 FPDC, 4 FPTC)

Row 17: HDC in next 5 HDC, skip next 8 HDC, HDC in next 5 HDC, BPDC around next 2 DC, HDC in next HDC, BPDC around next 4 TC, HDC in next HDC, BPDC in next 2 DC, HDC in next 10 HDC. Ch1, turn.

Thumb hole just made. (22 HDC, 8 BPDC)

Row 18-19: Repeat row 6 and 7.

Row 20-23: Repeat rows 4-7. Edging: Same as for left warmer

This Pattern is copyrighted to Julee Reeves, September 2nd, 2008. Pattern is for personal (gifts and that sort of thing) and charity use only. If you would like to sell the finished item please contact me for permission. If permission to sell the finished item is granted it may not be sold online (only at craft fairs, farmers markets, Etc.) and it may not be sold in Idaho or Montana (without my express permission). Thank you!!

Julee Reeves (J.R. Designs)